



# SCANDINAVIAN *communities*

## In This Issue:

Letter from the  
Leadership Team  
PAGE 2

---

Breast Cancer  
Awareness  
PAGE 2

---

Communities  
Lifestyle  
PAGE 3

---

Hidden Treasures  
PAGE 3

---

Upcoming Events  
PAGE 4

---

**Are you or  
someone you  
know interested  
in living at :**



SCANDINAVIAN  
*communities*

Contact our  
Admissions & Marketing  
Coordinator  
for more information

**401.461.1433 Ext. 116**

## WE LISTEN, BUT DO WE REALLY HEAR?



*A picture of Mary Raso and Linda Sturtevant and some of their girls.  
Linda spoke at our Hidden Treasures Event this year, her words are shared below.*

“Good evening, my name is Linda Sturtevant. My parents Larry and Mary Raso moved into Scandinavian Assisted Living seven years ago. This is my story: ***We listen, but do we really hear?***”

My dad passed away in April of 2017. I promised him I would take care of my mom and I decided to take her home. While she was home with me, we had an amazing 11 days together going out to lunch and visiting with friends and family. She was doing prep work for my cooking and loved every minute of it because cooking was one of her favorites. She had her first spa bath in a jetted tub and I watched her relax which was something she had not done in quite some time.

Thereafter, her health declined. I reached out to my Scandinavian family and I was not disappointed. The Nurse Administrator came to my home to evaluate her. Her primary care physician was notified and mom was sent to the hospital.

My mom returned to Scandinavian for rehabilitation and moved back with her family at Scandinavian Assisted Living where she is presently doing very well.

In closing, when speaking to the staff at Scandinavian about your family member, please listen to what they have to say and make sure you truly hear it. They are on your side.”

## LETTER FROM THE LEADERSHIP TEAM



I would like to express my sincere gratitude to our residents and their families for choosing Scandinavian Assisted Living. I am grateful that you, the families of our wonderful residents, allow our staff to care for them in a home-like environment.

It is not easy to entrust the care of your loved ones to caregivers. I thank you again for believing in us. Quality and customer service are what distinguish us from others and we will continue to do everything we can to support you.

We would not be where we are without the contributions made by each and every one of our employees. They all bring great ideas, knowledge and expertise to our community. I appreciate the dedication, skills, and talents that enable us to bring comfort to our residents and their families. We will continue to maintain our reputation of excellence in care and will strive to maintain our deficiency free status.

A big thank you to the Board of Directors, Friends of the Corporation and Volunteers for your gift of time and compassion to our entire Community. Your dedication to our residents and the Assisted Living is deeply appreciated.

*Tai Sodipo, RN, BSN*  
*Administrator, Assisted Living*



*Scandinavian Communities Assisted Living was found deficiency free during the 2018 survey completed by the Rhode Island Department of Health. We are proud of this accomplishment and thank all of our team members who work so hard to make this possible.*

## OCTOBER IS BREAST CANCER AWARENESS MONTH



**Scandinavian communities** will be “Going Pink” on October 12th to show our support and raise awareness, we encourage staff, residents, and visitors to wear pink that day.



The third Friday in October each year is National Mammography Day, first proclaimed by President Clinton in 1993. On this day, or throughout the month, women are encouraged to make a mammography appointment. This year National Mammography Day is October 19. - *From [www.speakersfornurses.com](http://www.speakersfornurses.com)*

### **Fast Facts about Breast Cancer** - Taken from the CDC.gov website

- Each year in the United States, more than 240,000 women get breast cancer and more than 40,000 women die from the disease.
- Men also get breast cancer, but it is not very common. Less than 1% of breast cancers occur in men.
- Most breast cancers are found in women who are 50 years old or older, but breast cancer also affects younger women. About 10% of all new cases of breast cancer in the United States are found in women younger than 45 years of age.





## COMMUNITIES LIFESTYLE



Take a look at some of the  
**fun ways**  
we spend the day in our  
communities!



### Hidden Treasures of Rhode Island 2018

Our annual Hidden Treasures fundraiser took place on September 13, 2018 at Alpine Country Club in Cranston. This year's fundraiser was emceed by NBC 10 News Anchor, Barbara Morse Silva. The evening boasted a 50/50 raffle, live entertainment by the Joseph Godfrey Jazz Quartet, and a delicious meal. There were many wonderful silent auction items, and of course, our yearly "Fund-a-Need"! This year's need is for the construction of a walkway that will connect our parking lot to the rear of the William Hall Library. This walkway would provide easy, safe access for the residents to and from the Library to attend a concert during the summer series, or just borrow a book! During the event guests donated towards this need raising a substantial amount! It was a beautiful evening, full of generosity. We thank all who helped raise these funds and for your support!



## UPCOMING EVENTS

**OCT  
12**

### CRANSTON PARKINSON SUPPORT GROUP

Join us monthly at 10 am if you would like to meet others with PD, participate in lectures by local experts geared to living well with PD or if you want to enjoy social activities with other PD families.

**OCT  
18**

### ELDER ABUSE & EXPLOITATION... BREAKING THE SILENCE

RJ Connelly III, Esquire will be discussing the signs of financial fraud and exploitation, those most likely to be the abusers, risk factors that make seniors vulnerable, the types of abuse and neglect and ways to prevent exploitation of seniors.

**OCT  
25**

### ALZHEIMER'S ASSOCIATION GETTING STARTED SERIES

This is a 4 week series on Thursday nights 6:30-8pm. Oct 25, Nov 1, Nov 8, and Nov 15. Call (800) -272-3900 to reserve a seat.

Scandinavian Communities is a not-for-profit 501(c)(3) organization and we sincerely appreciate our friends and family members who support us with their time, treasures and talents.



### BOARD OF DIRECTORS

Joel Johnson, *President*  
Leif Reslow, *Vice President*  
Doris A. Connor, *Treasurer*  
Margaret S. Mock, *Secretary*  
Patricia A. Thomas, *Past President*  
Julie Carroccia  
R.J. Connelly III  
Donald C. Forster  
Adrienne Gallo Girard  
Jean Larkin  
Neal J. McNamara  
Thomas C. Pearson

### LEADERSHIP TEAM

Kerry McGuinness, *Administrator*  
*Rehabilitation & Skilled Nursing*  
Taiwo Sodipo, RN, *Administrator, Assisted Living*  
Rebecca Alberg, *Life Enrichment Coordinator*  
Suzanne Cesana, *Director of Development*  
*& Board Relations*  
Sandi Charland, RN, *Wellness Director*  
Nicole Fallon, *Marketing & Admissions Director*  
Vivian Fanning, *Director of Human Resources*  
Carol J. Huff, *Chaplain*  
Daniel J. Hughes, Jr., CPA, *Director of Finances*  
Dennis Keene, *Director of Facilities Management*  
Cheryl Klimala, BSW, *Director of Social Services*  
Lisa Robidoux, *Director of Activities*  
Christine Roy, RN, *Director of Nursing Services*



**SCANDINAVIAN**  
*communities*

**REHABILITATION & SKILLED NURSING  
ASSISTED LIVING**

1811 Broad St Cranston, RI 02905