



**AMERICAN  
PARKINSON DISEASE  
ASSOCIATION**

**Strength in optimism. Hope in progress.**

**Welcome to the 20th Annual APDA  
Rhode Island Optimism Walk & 5K!**

**Saturday, September 8, 2018**

**Goddard State Park  
1095 Ives Road  
Warwick, RI 02818**

**Check-in: 9:00 am  
5k Race: 9:30 am  
Walk: 11:00 am**

**PLEASE SIGN UP AND JOIN US!**

**Any questions please call Nicole at 401-461-1433 ext. 158**



**SCANDINAVIAN**  
*communities*