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| **Scandinavian Communities, Assisted Living September 2018** | **MC900030111[1]Sunday** | | **Monday** | | **Tuesday** | | **Wednesday** | | **Thursday** | **Friday** | | **Saturday** | |
| **Hairdresser**  Wednesday, 9:00AM – 3:00PM  Friday, 9:00AM – 3:00PM  **... Color Code ...**  **Health and Fitness**  **Brain Fitness**  **Entertainment/Socials**  **Dining Out & Trips**  **Creative Expression**  **Inspiration &Spirituality**  **Games**  **Movies** | | | | | | | | | | **1** | |
| 9:00 **Health Check**  9:30 **Coffee & News**  **w/ Friends**  10:30 **Exercise Class**  **w/ Carol**  2:30 **Sunshine Cards**  4:00  **Rosemary &**  **Thyme**  6:30 **Social Time** | |
| **2** | **3** | | **4** | | **5** | | **6** | | **7** | **8**  9:30 Coffee/News  **13** | |
| 9:30 **Coffee & News**  **w/ Friends**  11:30 **Catholic**  **Communion**  2:30 **Worship Service**  3:15 **Afternoon** **Social**  6:30 **Movie w/ Mary**  **“The Thin Man”** | **Labor Day**  9:30 **Coffee & News**  **w/ Friends**  10:30 **Exercise Class**  **w/ Rebecca**  2:15 **Wii Bowling**  **w/ Rebecca**  3:30 **Pig Out Dice Game**  **w/ Rebecca**  6:30 **Scrabble** | | 9:30 **Coffee & News**  **w/ Friends**  10:15 **Golfing**  10:30 **Yoga Class**  **w/ Nancy**  11:30 **Walk About &**  **Checking Garden**  2:00  **Hymn Sing**  3:30 **Bingo**  **w/ Rebecca**  6:30 **Rosary Group** | | **Banking & Shopping Day**  9:30 **Coffee & News**  **w/ Friends**  10:30 **Exercise Class**  **w/ Rebecca**  2:00 **Corn Shucking**  **w/ Rebecca**  2:00 **Exercise Bike**  3:30 **Group Crossword**  **Puzzle**  6:30 **Social Time** | | 9:30 **Coffee & News**  **w/ Friends**  10:30 **Yoga Class**  **w/ Nancy**  12:30 **Summer Cookout**  2:00 **Hall Library**  2:00 **Exercise Bike**  2:30 **Catholic Mass**  **w/ Fr. Young**  3:30  **Find A Word**  6:30 **Social Time** | | 9:30 **Coffee & News**  **w/ Friends**  10:30 **Exercise Class**  12:30 **Piano by Bob**  2:00 **Exercise Bike**  2:00 **Wheel of Fortune**  **w/ Rebecca**  3:30  **Bingo**  6:30 **Movie w/ Mary**  **“After**  **The Thin Man”** | 9:00 **Health Check**  9:30 **Coffee & News**  **w/ Friends**  10:30 **Exercise Class**  **w/ Carol**  2:30 **Music Event**  **w/ Luke Jackson**  4:00  **Rosemary &**  **Thyme**  6:30 **Social Time** | |
| **Grandparents Day 9** | **National 10**  9:30 Coffee/News  **13** | | **Assisted 11** | | **Living 12** | | **Week 13** | | **14** | **15** | |
| 9:30 **Coffee & News**  **w/ Friends**  11:30 **Catholic**  **Communion**  2:30 **Worship Service**  3:15  **Ice Cream Social**  6:30 **Movie w/ Mary**  **“Another**  **Thin Man”** | 9:30 **Coffee & News**  **w/ Friends**  10:30 **Exercise Class**  **w/ Rebecca**  11:15 **Scrabble Craft Pins**  **w/ Elan**  2:00 **Book Club**  **Read by Elan**  4:00  **Happy Hour**  6:30 **Scrabble** | | 9:30 **Coffee & News**  **w/ Friends**  10:15 **Golfing**  10:30 **Yoga Class**  12:30 **Community Diner**  **w/ Residents & Staff**  2:00  **Time for the Soul**  **w/ Chaplain Carol**  3:00 **Music Event**  **w/ Dr. Kane**  6:30 **Rosary Group** | | **Banking & Shopping Day**  9:30 **Coffee & News**  **w/ Friends**  10:30 **Exercise Class**  **w/ Rebecca**  2:00 **Exercise Bike**  2:00 **Words W/ Friends**  **Scrabble Party**  4:15 **Sparky Visit**  6:30 **Social Time** | | 9:30 **Coffee & News**  **w/ Friends**  10:30 **Yoga Class**  **w/ Nancy**  11:30 **Program Meeting**  **w/ Rebecca**  2:00 **Art, Antiques and**  **Collectibles Exhibit**  2:00 **Exercise Bike**  3:30  **Food Committee**  6:30 **Social Time** | | 9:30 **Coffee & News**  **w/ Friends**  10:30 **Exercise Class**  **w/ Rebecca**  12:30 **Piano by Bob**  2:00 **Who's Who**  3:30  **Bingo**  **w/ Rebecca**  6:30 **Movie w/ Mary**  **“Shadow of**  **The Thin Man”** | 9:00 **Health Check**  9:30 **Coffee & News**  **w/ Friends**  10:30 **Exercise Class**  **w/ Carol**  2:30 **Trivia & Games**  **& More w/ Elan**  4:00  **Rosemary &**  **Thyme**  6:30 **Social Time** | |
| **16** | **17** | | **18** | | **19** | | **20** | | **21** | **22** | |
| 9:30 **Coffee & News**  **w/ Friends**  11:30 **Catholic**  **Communion**  2:30 **Worship Service**  3:15 **Afternoon** **Social**  6:30 **Movie w/ Mary**  **“The Thin Man**  **Goes Home”** | 9:30 **Coffee & News**  **w/ Friends**  10:30 **Exercise Class**  **w/ Rebecca**  11:15 **Trivia & Games**  **& More w/ Elan**  2:00 **Book Club**  **Read by Elan**  4:00 **Card Game**  6:30 **Scrabble** | | 9:30 **Coffee & News**  **w/ Friends**  10:15 **Golfing**  10:30 **Yoga Class**  11:30 **Walk About &**  **Checking Garden**  2:00 **Hello Hollywood**  **w/ Pauline**  3:30 **Bingo**  **w/ Rebecca**  6:30 **Rosary Group** | | **Banking & Shopping Day**  9:30 **Coffee & News**  **w/ Friends**  10:45 **Exercise Class**  **w/ Rebecca**  1:15  **Resident Council**  2:00 **Exercise Bike**  3:00 **Birthday Party**  **w/ Vini Ames**  4:15 **L.R.C. Dice Game**  6:30 **Social Time** | | 9:30 **Coffee & News**  **w/ Friends**  10:30 **Yoga Class**  **w/ Nancy**  11:00 **Cath Communion**  2:00 **Hall Library**  **w/ Rebecca**  2:00 **Exercise Bike**  3:30  **Find A Word**  **w/ Rebecca**  6:30 **Social Time** | | 9:30 **Coffee & News**  **w/ Friends**  10:30 **Exercise Class**  12:30 **Piano by Bob**  2:00 **Exercise Bike**  2:00 **Wheel of Fortune**  **w/ Rebecca**  3:30  **Bingo**  6:30 **Movie w/ Mary**  **“Song of**  **The Thin Man”** | 9:00 **Health Check**  9:30 **Coffee & News**  **w/ Friends**  10:30 **Exercise Class**  **w/ Carol**  2:30 **Trivia & Games**  **& More w/ Elan**  4:00  **Rosemary &**  **Thyme**  6:30 **Social Time** | |
| **23** | **24** | | **25** | | **26** | | **27** | | **28** | **29** | |
| 9:30 **Coffee & News**  **w/ Friends**  11:30 **Communion**  2:30 **Worship Service**  3:15 **Afternoon** **Social**  6:30 **Sunday Movie**  **“Rainmaker”**  **30**  **See Above**  **Movie – “The Switch”** | 9:30 **Coffee & News**  **w/ Friends**  10:30 **Exercise Class**  **w/ Rebecca**  11:15 **Trivia & Games**  **& More w/ Elan**  2:00 **Book Club**  **Read by Elan**  4:00 **Card Game**  6:30 **Scrabble** | | 9:30 **Coffee & News**  **w/ Friends**  10:15 **Golfing**  10:30 **Yoga Class**  **w/ Rebecca**  11:30 **Walk About &**  **Checking Garden**  2:00  **Cock-A-Roach**  **w/ Rebecca**  3:30 **Bingo**  6:30 **Rosary Group** | | **Banking & Shopping Day**  9:30 **Coffee & News**  **w/ Friends**  10:30 **Exercise Class**  **w/ Rebecca**  2:00 **Wii Bowling**  **w/ Rebecca**  2:00 **Exercise Bike**  3:30 **Group Crossword**  **Puzzle**  6:30 **Social Time** | | 9:30 **Coffee & News**  **w/ Friends**  10:30 **Yoga Class**  **w/ Nancy**  11:30 **Walk About**  2:00 **Dominoes**  **w/ Elan**  2:00 **Exercise Bike**  3:30  **Find A Word**  **w/ Elan**  6:30 **Social Time** | | 9:30 **Coffee & News**  **w/ Friends**  10:30 **Exercise Class**  **w/ Elan**  12:30 **Piano by Bob**  2:00 **Exercise Bike**  2:00 **Wheel of Fortune**  **w/ Elan**  3:30  **Bingo**  6:30 **Movie w/ Mary**  **“Big Trouble”** | 9:00 **Health Check**  9:30 **Coffee & News**  **w/ Friends**  10:30 **Exercise Class**  **w/ Carol**  2:30 **Trivia & Games**  **& More w/ Elan**  4:00  **Rosemary &**  **Thyme**  6:30 **Social Time** | |