

Rehabilitation & Skilled Nursing
Certified Nursing Assistant (CNA)

RESPONSIBLE TO: Charge Nurse

REQUIREMENTS: Valid license in state of Rhode Island

SUMMARY OF JOB: To provide personal care to residents in the skilled nursing facility

PHYSICAL REQUIREMENTS AND WORK ENVIRONMENT:

- Stands, walks, and bends most of the day
- Works in a clean well lighted and well ventilated resident areas.
- Must be able to interact with other people on the unit
- Must use proper body mechanics
- Workload involves pushing, pulling, and lifting up to 50 pounds
- Must be able to twist, bend, and reach from floor to waist height and from waist height to above head
- Must be able to speak, read, and write English
- May be exposed to combative patients
- May be necessary to assist in the evacuation of residents during emergency situations

RESPONSIBILITIES:

Resident Care

1. Bathing and hygiene care including perineal care, dressing, and assistance with oral care and hair care according to resident plan of care.
2. Provides cueing and set-up according to care plan for hygiene tasks and dressing.
3. Provides skin care including application of lotion, repositioning, back rubs and foot care.
4. Care of hand. Cutting and filing of fingernails on non-diabetic residents.
5. Shaving or assisting with shaving for residents as required.
6. Giving and removing of bedpans and urinals. Emptying foley bags and measuring output.
7. Care of the incontinent resident. Uses disposable briefs appropriately.
8. Participation in bowel and bladder training and toileting residents as indicated on care plan.
9. Collections of urine and stool specimens including routine and clean catch urine specimens.
10. Testing urine for sugar and acetone.
11. Passing and collecting of trays including basic understanding of different diets and need for thickened liquids and documenting meal intakes.
12. Feeding patients or providing set-up and cueing for meals as indicated in care plan.
13. Distribution of snacks, depending on shift worked. Snacks provided at 10AM, 2PM, and HS.
14. Applying cool and warm compresses.
15. Making occupied and unoccupied beds.
16. Assisting with ambulation and transfer of resident, utilizing proper safety techniques, as indicated in the care plan.
17. Transportation of residents by wheelchair throughout the facility.
18. Use of proper body mechanics in all tasks including wearing of lifting belts.
19. Assist with mechanical lift and sheet transfers of residents under the supervision of the charge nurse.

20. Use of universal precautions at all times. Use of infection control techniques including handwashing and care of linens.
21. Knowledge of and proper application of restraints including regulations regarding release and monitoring. Proper use of side rails and wedge rail protectors.
22. Assisting with range of motion exercises.
23. Assist nurse with nursing interventions such as foley catheter insertion and dressing changes as necessary.
24. Supervise activity programs as assigned.
25. Treat each resident with respect and provide socialization as appropriate.
26. Know the use of and how to apply personal alarm, chair alarms, motion detectors. Know how to use under mattress alarms.
27. Knowledge of the use and care of positioning devices.
28. Know the location of emergency oxygen, suction machines and cardiac board and get it for use as directed by charge nurse.
29. Knowledge of use of equipment, for example, whirlpool tub, chair and lift scales.
30. Understand and carry out infection precautions as designated.

Assessment

1. Measure and record vital signs including oral and rectal temperature, pulse, respiration, blood pressure and weight.
2. Observe changes in resident's condition including color, skin changes, swelling, pain, bleeding, level of mental function, shortness of breath and heavy perspiration, or any other change in status. Report this to the nurse immediately.
3. Observe for any malfunction of equipment and report to the charge nurse. Never use equipment that is malfunctioning.
4. Observation of safety hazards. Report to charge nurse.

Environment

1. Care of the resident unit including cleanliness and orderliness, odor control, ventilation, temperature, light and restocking of personal care supplies.
2. Cleaning of equipment including personal care equipment, carts, countertops, tray tables, chairs, wheelchairs, and cardiac chairs.
3. Knowledge of location of emergency equipment, fire pull boxes and extinguishers.
4. Knowledge of the Fire and Disaster Plan and the infection control plan.
5. Knowledge of use of door alarms.

Communication

1. Answering call lights.
2. Knowledge of use of telephone and intercom.
3. Recording and totaling intake and output.
4. Recording restraint use and checking and releasing of restraints.
5. Recording daily bowel movements.
6. Reports all observations to charge nurse.
7. Uses nursing kardex to guide nursing care given.
8. Records C.N.A. shift flow sheets
9. Attends Inservice Education.
10. All other duties as assigned.