



SCANDINAVIAN  
*communities*

**Join us for a workshop on:**

**“Eating Healthy for a Healthy Heart”**

**Presented By: Michele Bento, RD, LDN**

**Healthy Snacks will be provided!**

**Wednesday, February 28, 2018**

**Time: 4:00 PM**

**Scandinavian Communities Assisted Living Great Room**



**\*RSVP By: Wednesday, February 21, 2018**  
**Call Alexander Irace (401) 461-1433 ext. 103**  
**Or email:**  
**[airace@Scandinaviancommunities.org](mailto:airace@Scandinaviancommunities.org)\***